



Effin Tooth Gems

Following these aftercare instructions will help to ensure your tooth gem will stay in place and be long lasting.

- Do not pick at or play with your new tooth gem!
- Any client should not eat or drink anything other than water for the first 2 hours.
- The curing process for the adhesive bond can take up to 48-72 hours.
- Avoid hard foods or candies for the first 12 hours.
- Alcohol is to be avoided for the first 12 hours.
- Smoking is allowed, but it is best to remain hydrated.
- While the bond is curing, it is best to keep your pH level at a less acidic state in order for the gem and adhesive to remain bonded.
- Do not brush directly over the gem for the first 12 hours.
- Do not use an electric toothbrush for the first 48 hours.
- You can resume proper dental hygiene after the 48 hour time period.
- Always brush gently over the tooth gem to avoid any damage or risk of removing the tooth gem.